

# OPTIONS....

# Through Home Services











The Illinois Department of Rehabilitation Services (DORS) opens doors to independence and community participation through its Home Services Program.

For persons with disabilities under age 60 who are at risk of nursing home placement, DORS Home Services Program may offer the alternative of cost-effective in-home care.

# FOR INDEPENDENCE

The following services are available to enable the individual with a disability to remain at home:

### PERSONAL CARE ASSISTANT (PA)

Assistance with household tasks, personal care and, with permission of a doctor, certain health care procedures. PAs are selected, employed, and supervised by the individual clients.

HOMEMAKER SERVICES — Personal care provided by trained and professionally supervised personnel for clients unable to direct the services of a PA. Instruction and assistance in household management and self-care are also available.

MAINTENANCE HOME HEALTH — Services provided through a treatment plan prescribed by a physician or other health care professional. Other services include nursing care, physical, occupational and speech therapy.

response offered by hospitals or community service organizations. This rented signaling device provides 24-hour emergency coverage permitting the individual to alert trained professionals at hospitals, fire departments or police departments.

HOME DELIVERED MEALS — Provided to individuals who can feed themselves, but are unable

to prepare food. A hot lunch, with an evening meal that can be refrigerated, is delivered to the home.

ADULT DAY CARE — The direct care and supervision of clients in a community-based setting for the purpose of providing personal attention, as well as promoting social, physical and emotional wellbeing. Presently available at pilot sites for persons with Alzheimer's Disease and related disorders.



ASSISTIVE EQUIPMENT — Devices or equipment that are purchased or rented to increase an individuals's independence and capability to perform household and personal care tasks in order to remain at home.

REMODELING — Modification of the home which decreases dependence on direct assistance from others; to help compensate for loss of ability, strength, mobility, or sensation; and to increase safety in the home.

RESPITE SERVICES — Temporary care for adults and children with disabilities aimed at relieving stress to families. Respite may be provided for vacation, rest, errands, taking a break or a family crisis or emergency. Services may include personal assistant, homemaker or home health.

### FOR SELF-DETERMINATION

To receive services, these criteria for eligibility must be met:

- Be under age 60 at the time of application.
- Have a severe disability lasting 12 months or longer, or for the duration of life.
- Be at imminent risk of nursing home placement.
- Medicaid application required unless already on Medicaid/spend-down.
- Cost of services must be same or less than nursing home cost.
- Have less than \$10,000 in non-exempt assets.
- May be required to share in cost of services, depending on income level.

## A HOME SERVICES COUNSELOR WILL:

- Visit the person at home to discuss eligibility and services available.
- Complete applications and conduct financial and non-financial eligibility assessments.
- Obtain needed releases of information, and a physician's certification that services are needed and appropriate.
- Develop a service plan with the eligible individual, and assist him or her in locating service providers.

A decision on eligibility will be made within 60 days from the date of application.

## PRE-SCREENING

DORS is responsible for screening all Medicaideligible individuals between the ages of 21 and 59 prior to admission to a nursing home. In cooperation with hospital and nursing home staff, DORS ensures that these individuals are evaluated and if appropriate, offered the option of Home Services. Pre-screening referrals made from hospitals are responded to within two work days.

HOME SERVICES — Providing Options for Dignity and Independence in the Community.



For more information, call any one of the local DORS offices.

For more information
on the Home Services Program
and to locate the DORS offices
nearest you call the
Illinois Disabled
Individuals Assistance Line at
1-800-233-DIAL (3425).

(voice and TTY)



# Illinois Department of Rehabilitation Services

Jim Edgar

Governor

**Audrey McCrimon** 

Director

The Department of Rehabilitation Services is an equal opportunity employer and does not discriminate on the basis of disability in admission or access to or treatment or employment in its programs and activities in compliance with appropriate state and federal statutes.

The Director is responsible for compliance: 217/782-5734 (voice or TTY).

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